



# The Clegg hammer - What is it and how is it used?

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Sports Turf Institute
A world-class provider of sport and lifestyle turf surfaces expertise.

### What is a Clegg Impact Tester?

- Initially developed for engineering purposes, named after Dr Baden Clegg.
- Designed to measure the hardness or shock absorption properties of a surface.
- Records deceleration of a mass dropped from a standard height
- Readings in CIV units, 1 CIV unit = 10 gravities.
- Widely used in Australia and New Zealand.

### The Clegg hammer





### Hammer is dropped from set height





# What advantages does it offer as a performance testing tool?

- Quick and easy to use
- Reproducible
- Robust
- Correlates reasonably well with player assessment of surface hardness and ball bounce.



## What are the potential drawbacks with the device?

- Inconsistency with methodology. Different drop heights; different number of drops
- Weights used are much lighter than the human body so may not give readings representative of what an actual human body would achieve



# Where and how is the device used in Australia and NZ?

#### Used in the sports of:

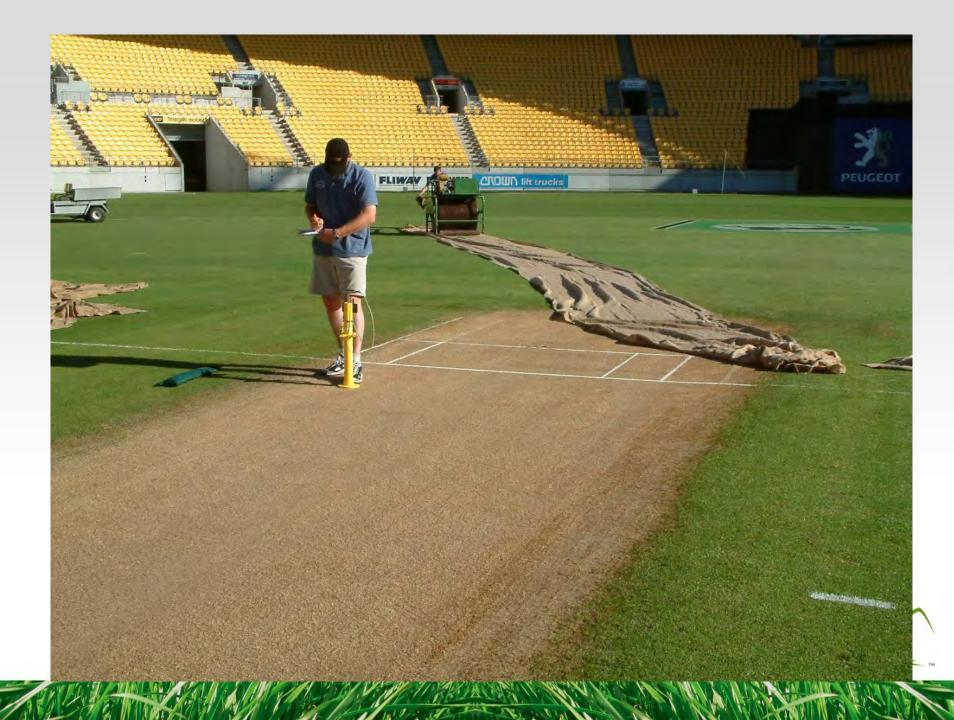
- Cricket
- Football (several codes)
- Golf



## Use in cricket – to measure pitch hardness and potential ball bounce







#### Use of Clegg hammer in cricket

Table 1. 0.5kg Clegg hammer readings taken from the Basin Reserve cricket ground (NZ) during 1991/92 season (20 readings per pitch).

Match	Mean value (gravities)	Standard deviation	Player assessment
Wellington vs Otago 1990	428	137 (32%)	Variable bounce
NZ vs England 1991	553	93 (17%)	Good bounce height; acceptable uniformity
Wellington vs Canterbury 1991	438	58 (13%)	Consistent bounce
NZ vs England 1992	372	44 (12%)	Slow & low but consistent bounce

Reference to coefficient of variation is important



# Use in sport fields - as a safety measurement tool

- Several sports bodies have adopted the Clegg hammer for recording surface hardness and in turn providing a gauge of player safety.
- The Australian Football League (AFL) routinely tests their elite level AFL fields using the 2.25 kg Clegg Hammer.



## Use in community fields to indicate field condition and the need for amelioration

- The Sports Turf Institute routinely collects
   Clegg hammer data in its performance
   testing work. Our data base covers over
   1000 sports fields from around Australia and
   New Zealand
- Analysis of this database aids understanding of limits
- We currently advising targeting a 1<sup>st</sup> drop readings of between 50 and 120 gravities.



# Example: Table 2. Trends in the mean Clegg hammer readings from all City of Sydney sports fields (data collected every 6 months).

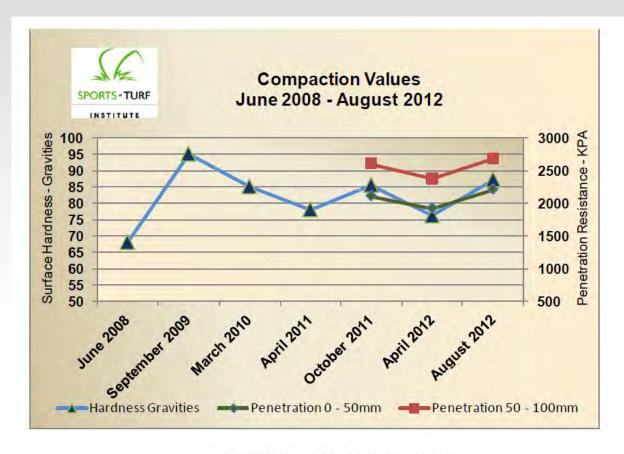


Figure 6 - Hardness values since June 2008

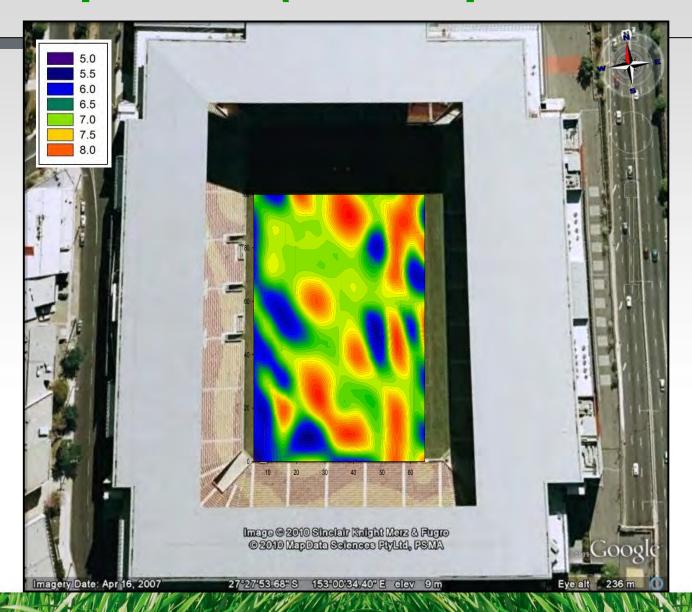


#### Use in elite sports fields

Table 3. Clegg hammer readings (1<sup>st</sup> drop from 457mm) from Suncorp Stadium on Thursday 23<sup>rd</sup> August 2012 in relation to recommended ranges.

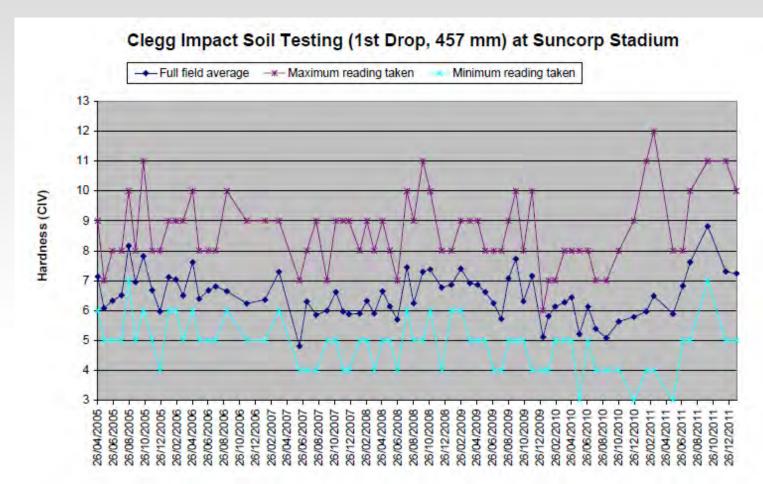
Property Clegg hammer value	Recorded value	Mean historic value	Recommended range
Standard deviation	0.6	-	-
Minimum	5.0	5	4-6
Field average	6.1	6.5	6-8
Maximum	8.0	9	7-10

## Example: Clegg Impact Values across Suncorp Stadium (for 1st September 2010).





## Trends of 1<sup>st</sup> drop Clegg hammer readings from 2006 to 2011, Suncorp Stadium







### Use in golf turf

- The NZ Sports Turf Institute has used a Clegg hammer to gauge putting green firmness for 10 years.
- Some 100 golf courses have been tested; results used to form a national database.
- The STRI UK, have also adopted the Clegg hammer as a golf course performance testing tool.
- During the mid-1990s STRI measured the surface firmness of several hundred golf greens using a 0.5 kg rounded head test mass dropped from 0.5 m.



#### Interpretation of golf green Clegg values

STRI Firmness Scale					
Clegg Value	Description of Firmness	Ideal			
Over 130	Hard and unreceptive. Ball impacts and continually bounces forward. No control from well-struck shots as hardness increases. Frustrating to all levels of golfer.				
100 – 130	Very firm. Ball impacts, bounces on, checks and then rolls out. Well-struck shots need to be positioned correctly. A true test of ball striking and accurate play.	Links			
80 – 100	<b>Firm.</b> Ball impacts, bounces forward, checks and then quickly stops. Good control of well-struck shots but less control from loose ball striking (especially at the firmer end).	Parkland			
70 – 80	Receptive. Ball impacts then stops on first bounce or spins backwards. No footprinting. No real premium for ball striking. Such surfaces are flattering to average play.				
60 – 70	Soft. Balls stop dead and leave a large pitch mark. Footprinting becomes evident to make putting surface uneven. Not a good surface.				
Below 60	Very soft. Unstable and unplayable.				



## How meaningful are the Clegg hammer readings as a gauge of surface hardness?.

- A 2.25kg Clegg hammer is considered by ASTM (Test number F1702) to be the standard method to measure the cushioning properties of natural turf.
- Usefulness to record surface hardness?
- Usefulness to record shock absorption?



# Importance of the standard deviation value

 The coefficient of variation will help identify the uniformity of a surface, which is arguably even more important than the mean value for surface performance



### Thankyou

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